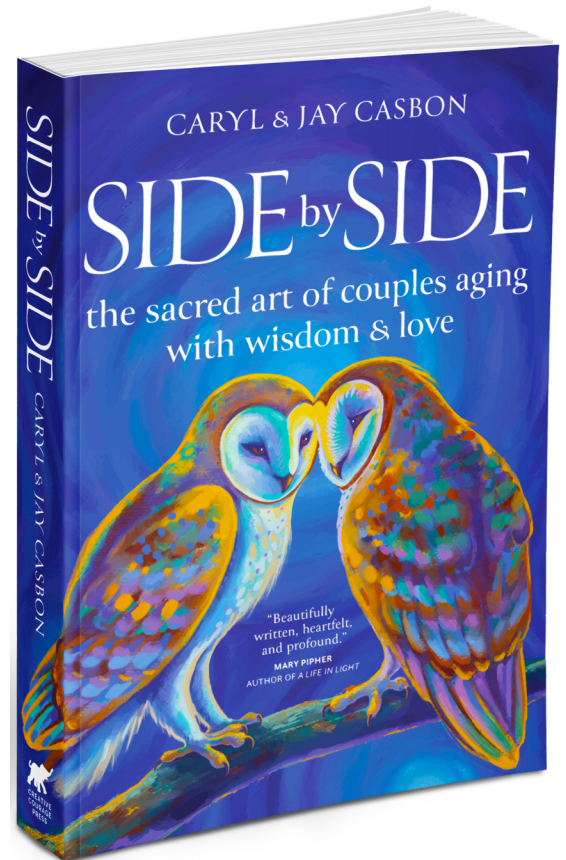


CARYL & JAY CASBON

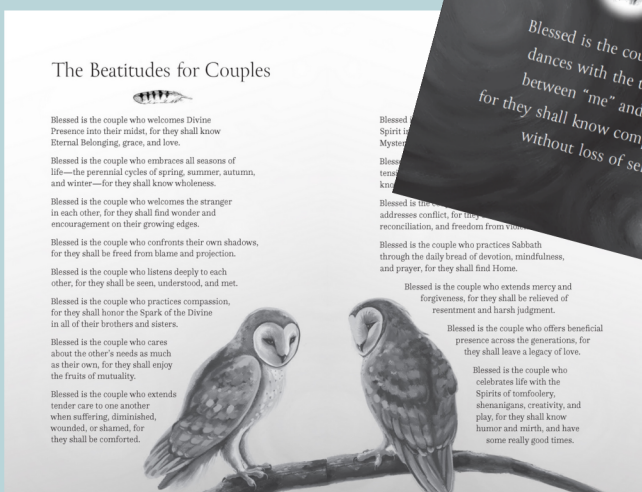
# SIDE by SIDE

the sacred art of couples aging  
with wisdom & love

What keeps a marriage evolving and thriving, especially in the final season of life? That question prompted a road trip to interview old-soul couples about the truth behind committed relationships. With *Side by Side: The Sacred Art of Couples Aging with Wisdom & Love*, Caryl & Jay Casbon give us an insightful collection of real-life teaching stories and practices proving it's never too late to love more deeply.



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Caryl & Jay Casbon met at Lewis & Clark College in 1995. Their shared life of common passions includes interfaith studies, learning, story, pilgrimage, travel, and family. Caryl devotes her time to writing, ministry, spiritual direction, and creating spaces for inner work. Jay's lifelong professional journey has focused on higher education, leadership, research, and religious art history. Both are Circle of Trust® facilitators prepared by the Center for Courage & Renewal. They offer extended learning opportunities for working with couples' groups, online seminars, and in-person retreats. Married since 2001, the Casbons live in Santa Barbara, California. Visit [www.SideBySideAging.com](http://www.SideBySideAging.com).



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