

The Beatitudes for Couples



Blessed is the couple who welcomes Divine Presence into their midst, for they shall know Eternal Belonging, grace, and love.

Blessed is the couple who embraces all seasons of life—the perennial cycles of spring, summer, autumn, and winter—for they shall know wholeness.

Blessed is the couple who welcomes the stranger in each other, for they shall find wonder and encouragement on their growing edges.

Blessed is the couple who confronts their own shadows, for they shall be freed from blame and projection.

Blessed is the couple who listens deeply to each other, for they shall be seen, understood, and met.

Blessed is the couple who practices compassion, for they shall honor the Spark of the Divine in all of their brothers and sisters.

Blessed is the couple who cares about the other's needs as much as their own, for they shall enjoy the fruits of mutuality.

Blessed is the couple who extends tender care to one another when suffering, diminished, wounded, or shamed, for they shall be comforted.

Blessed is the couple who recognizes the Indwelling Spirit in all of life, for they shall encounter the Mystery and see the Light in all beings.

Blessed is the couple who dances with the tension between “me” and “we,” for they shall know companionship without loss of self.

Blessed is the couple who openly and humbly addresses conflict, for they shall find truth, reconciliation, and freedom from violence.

Blessed is the couple who practices Sabbath through the daily bread of devotion, mindfulness, and prayer, for they shall find Home.

Blessed is the couple who extends mercy and forgiveness, for they shall be relieved of resentment and harsh judgment.

Blessed is the couple who offers beneficial presence across the generations, for they shall leave a legacy of love.

Blessed is the couple who celebrates life with the Spirits of tomfoolery, shenanigans, creativity, and play, for they shall know humor and mirth, and have some really good times.

